

GOLDEN

FOR CONGRESS



Ian Golden is a small business owner from Tompkins County, NY. He and his wife Sherry are proud parents of two young daughters, Maren and Nora.

He attended Ithaca College, where he earned undergraduate and graduate degrees in Occupational Therapy. He went on to work with children with Autistic Spectrum Disorders and clients in an inpatient rehabilitation setting.

Transitioning to business in 2005 he founded several small community-oriented businesses in upstate NY, including a flagship retail location in the Southern Tier. He is also the owner of an internationally recognized event company focused on trail and mountain running. He's received honors from the Small Business Association for Business Excellence and namesake honors for a Community Spirit and Wellness Award. He was a member of the Tompkins County Strategic Tourism and Planning Board from 2014 to 2017.

Ian is a competitive athlete, earning collegiate All-American honors, but now prefers low key trail runs with friends or his dog Indy or runs across District 23.

Ian is looking forward to the opportunity to Represent NY's District 23 in the US House of Representatives. He is focused on living wage economies, health care as a right, protecting our public schools and ensuring that our youth have the education and vocational skills needed to rebuild our nation. Ian believes that climate change is one of the greatest threats facing our nation and that stepping up to meet the challenge can provide an economic and moral boon for our communities. He is committed to being the change when it comes to reducing the control of special interests over our government. Ian is committed to ensuring that each individual constituent has as much access and influence as any big ticket donor or special interest group.

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More information can be found at
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